

**THE COMPETENCE ACHIEVEMENT ON MAKING FEMALE  
BODY PROPORTION THROUGH REPETITION TRAINING  
METHOD IN DIRECT LEARNING MODEL TOWARD  
THE 10<sup>th</sup> GRADES AT SMA TUGU NASIONAL  
CAWAS KLATEN**

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**ABSTRACT**

The objectives of the study are to identify: 1) The implementation of repetition training method in direct learning model at SMK Tugu Nasional 2) The students' achievement on making female body proportion through repetition training method in direct learning model at SMK Tugu Nasional.

It is a classroom action research referred to Kemmis & Mc Taggart Model that is conducted in two cycles. The subjects of the study are the 10<sup>th</sup> Graders of Class Busana that consist of 9 students. The object of the study is the students' competence on making female body proportion through repetition training method in direct learning model toward. The data are collected by using multiple choice test, observation list, and authentic assessment. The instrument of the study consists of learning observation lists, cognitive test, affective observation list, and authentic assessment list. The designed instrument is, then investigated its validity through judgement expert that is appropriate to the research. The instrument reliability tests are Spearman BROWN (split Half) for the test item 0.778, alpha Cronbach for the observation lists 0.660 and inter-rater for authentic assessment lists 0.913. The technique of analyzing data is descriptive statistic.

The research findings show that : 1) the implementation of repetition training method in direct learning model at SMK Tugu Nasional is conducted by a) planning b) action observation c) reflection 2) the student competence achievement making female body proportion through repetition training method in direct learning model toward improves in every cycle. In pre-cycle, the class average is 47.4 and 9 students fail at all (100%) in cycle I, the class average increases to be 75 in which 5 students pass (56%) and 4 students fail (44%). In cycle 2, the class average becomes 85.1 and all students pass by KKM 75. The passed students increase to be 9 students (100%) and the failed students are 0 students (0%). Therefore, it can be concluded that the use of repetition training method competence in direct learning model is effective and able to improve the students' competence achievement on making female body proportion toward the 10<sup>th</sup> graders at SMK

**Keyword:** Competence, Female Body Proportion, Repetition